

ICE-BREAKERS

- Q. 1** What's something lighthearted you wouldn't mind help carrying - like your grocery bags, your laundry, or your to-do list?
- Q. 2** If your week was a garden, what kind of seeds did you sow - peace, chaos, laughter, stress?
- Q. 3** If you could press a "reset" button on one part of your daily life, what would it be?
- Q. 4** What's something silly or funny you've bragged about recently - maybe a recipe, a Wordle streak, or finding a good parking spot?

SERMON-BASED

- Q. 1** Paul says, "Not everything is beneficial." Can you think of something that may be legal or socially accepted, but not beneficial to your spiritual walk?
- Q. 2** The early church shared everything in common. How do we balance personal responsibility with communal care?
- Q. 3** "Freedom without love becomes selfishness." Where do you see examples of this today - either in the Church or in the broader culture?

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Sermon-Based Cont.

Q. 4 Paul reminds us to “not grow weary in doing what is right.” How do you stay spiritually motivated when you’re weary?

Q. 5 Paul says it’s not about circumcision or uncircumcision, but a new creation. What external things do we sometimes wrongly use to define our identity in the faith?

BEYOND THE TEXT

Q. 1 What does it mean in practice to “submit your desires” to Christ?

Q. 2 Paul says, “Bear one another’s burdens.” How is this command connected to being a “new creation”? How can burden-bearing be both a weight and a joy?

Q. 3 How does the transformation described in Ezekiel 36 (“a new heart, a new spirit”) relate to your ongoing discipleship journey?

Q. 4 How does the hope of God’s eternal kingdom shape how we engage with temporary, earthly nations?

Q. 5 What does it mean to be an “ambassador for Christ” in a divided world?

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